

Under 13 Girl's Gradings

	gold	silver	bronze	1	2	3	4
70mH	14.2	14.8	15.4	12.0	12.7	13.2	14.6
75m	12.0	13.0	14.0	10.4	10.7	11.0	11.6
100m	14.6	15.2	16.0	13.5	14.0	14.4	15.2
150m	24.0	26.0	28.0	20.5	21.2	21.8	23.0
200m	31.7	33.0	35.0	28.0	29.1	30.2	31.9
800m	02:57.0	03:02.0	03:10.0	02:30.0	02:36.5	02:42.0	02:50.5
1200m	04:31.0	04:40.0	04:50.0	04:04.0	04:11.5	04:20.5	04:36.0
1500m	06:06.0	06:20.0	00:06	05:04.5	05:19.5	05:31.5	05:49.5
SHOT	6.70	6.20	5.70	8.20	7.25	6.50	5.60
LJ	3.94	3.50	3.00	4.35	4.10	3.90	3.55
JAVELIN	16.00	14.00	12.00	25.00	21.10	17.25	13.00
HJ	1.23	1.15	1.10	1.40	1.33	1.25	1.18
Discus	17.50	15.00	13.00	23.00	19.10	16.70	12.90
60m				8.6	8.6	9.1	9.5
60mH				9.7	10.6	10.8	11.3

NAME: Jessica Amps

AGE: U13G

TRACK

DATE	MEETING	80m	600m	800m
05/04/2009	Spring Open Meeting, Peterborough		02:21.1	
19/04/2009	Eastern Young Athletes League, Braintree			03:21.3
26/04/2009	East Anglian League, Peterborough			03:22.3
07/06/2009	Eastern Young Athletes League, Braintree			03:13.8
21/06/2009	East Anglian League, Kings Lynn			03:14.3
28/06/2009	Eastern Young Athletes League, Peterborough			03:17.0
12/07/2009	Eastern Young Athletes League, Bedford			03:09.8
19/07/2009	East Anglian League, Cambridge			03:17.8
31/08/2009	Peterborough City Games	14.01	02:25.2	

Seasons Best	14.01	02:21.1	03:09.8
PAC Club Standards			Bronze
AAA Grades			

FIELD

DATE	MEETING	L/J	Discus	Shot	Javelin
05/04/2009	Spring Open Meeting, Peterborough	2.94			
19/04/2009	Eastern Young Athletes League, Braintree		10.94	3.92	
26/04/2009	East Anglian League, Peterborough			3.99	10.44
07/06/2009	Eastern Young Athletes League, Braintree		10.21	3.85	
21/06/2009	East Anglian League, Kings Lynn		10.96	3.51	
28/06/2009	Eastern Young Athletes League, Peterborough	3.07	12.04		
12/07/2009	Eastern Young Athletes League, Bedford		12.27	4.50	
19/07/2009	East Anglian League, Cambridge		10.16	4.32	
31/08/2009	Peterborough City Games	2.73			
13/09/2009	Eastern Young Athletes League, Plate Final, Cambridge		11.26		
20/09/2009	East Anglian League Final, Bury St Edmunds		12.88		

Seasons Best	3.07	12.88	4.50	10.44
PAC Club Standards	Bronze			
AAA Grades				

NAME: Katherine Amps

AGE: U13G

TRACK

DATE	MEETING	70mH	100m	150m	200m
05/04/2009	Spring Open Meeting, Peterborough	13.90		23.3	
19/04/2009	Eastern Young Athletes League, Braintree	14.10			31.30
26/04/2009	East Anglian League, Peterborough	13.90			31.60
09/05/2009	Cambs County Championships, Cambridge	13.69			30.87
07/06/2009	Eastern Young Athletes League, Braintree	13.90			31.20
21/06/2009	East Anglian League, Kings Lynn	13.50			30.70
28/06/2009	Eastern Young Athletes League, Peterborough	13.60			31.20
05/07/2009	Eastern AAA Championships, Cambridge	13.04			
12/07/2009	Eastern Young Athletes League, Bedford	13.00			31.60
19/07/2009	East Anglian League, Cambridge	12.80			31.50
22/07/2009	Development Meeting, St Ives	14.30	14.9		32.05
31/08/2009	Peterborough City Games	13.33			
13/09/2009	Eastern Young Athletes League, Plate Final, Cambridge	13.70			31.38
20/09/2009	East Anglian League Final, Bury St Edmunds	13.20			31.20
26/09/2009	Eastern AA Minithon, Bedford	12.82			

Seasons Best	12.80	14.9	23.3	30.70
PAC Club Standards	Gold	Silver	Gold	Gold
AAA Grades	Grade 3	Grade 4		Grade 4

FIELD

DATE	MEETING	L/J	Discus
05/04/2009	Spring Open Meeting, Peterborough	3.90	
19/04/2009	Eastern Young Athletes League, Braintree	3.85	
26/04/2009	East Anglian League, Peterborough	3.90	
09/05/2009	Cambs County Championships, Cambridge	4.03	
07/06/2009	Eastern Young Athletes League, Braintree	3.80	
21/06/2009	East Anglian League, Kings Lynn	4.03	
28/06/2009	Eastern Young Athletes League, Peterborough	4.06	
05/07/2009	Eastern AAA Championships, Cambridge	4.20	
12/07/2009	Eastern Young Athletes League, Bedford	4.10	
19/07/2009	East Anglian League, Cambridge	3.95	
22/07/2009	Development Meeting, St Ives	3.92	
31/08/2009	Peterborough City Games	4.07	
13/09/2009	Eastern Young Athletes League, Plate Final, Cambridge	3.89	
20/09/2009	East Anglian League Final, Bury St Edmunds	3.92	
26/09/2009	Eastern AA Minithon, Bedford	3.97	11.84

Seasons Best	4.20	11.84
PAC Club Standards	Gold	
AAA Grades	Grade 2	

NAME: Ann-Marie Ashe
AGE: U13G

TRACK

DATE	MEETING	200m	800m
19/04/2009	Eastern Young Athletes League, Braintree	35.20	
26/04/2009	East Anglian League, Peterborough	34.00	03:11.1
09/05/2009	Cambs County Championships, Cambridge	33.82	03:08.3
07/06/2009	Eastern Young Athletes League, Braintree		03:05.2
21/06/2009	East Anglian League, Kings Lynn	32.60	02:55.0
28/06/2009	Eastern Young Athletes League, Peterborough		02:52.9
19/07/2009	East Anglian League, Cambridge	32.90	02:58.7
02/08/2009	East Anglian League, Braintree	32.50	02:48.8
16/08/2009	Eastern Young Athletes League, Thurrock		02:55.0
31/08/2009	Peterborough City Games		02:54.6
13/09/2009	Eastern Young Athletes League, Plate Final, Cambridge		02:56.3
20/09/2009	East Anglian League Final, Bury St Edmunds		02:47.1
26/09/2009	Eastern AA Minithon, Bedford		02:52.1

Seasons Best	32.5	02:47.1
PAC Club Standards	Silver	Gold
AAA Grades		Grade 4

FIELD

DATE	MEETING	Shot	L/J	Discus	Javelin
19/04/2009	Eastern Young Athletes League, Braintree	3.93	3.00		
26/04/2009	East Anglian League, Peterborough	4.34			
09/05/2009	Cambs County Championships, Cambridge			13.15	
07/06/2009	Eastern Young Athletes League, Braintree		3.20	10.90	
21/06/2009	East Anglian League, Kings Lynn			12.82	
28/06/2009	Eastern Young Athletes League, Peterborough		3.16	11.67	
19/07/2009	East Anglian League, Cambridge			11.40	
02/08/2009	East Anglian League, Braintree				11.82
16/08/2009	Eastern Young Athletes League, Thurrock			11.43	
31/08/2009	Peterborough City Games			12.03	14.49
13/09/2009	Eastern Young Athletes League, Plate Final, Cambridge			13.10	
26/09/2009	Eastern AA Minithon, Bedford		3.14		9.60

Seasons Best	4.34	3.20	13.15	14.49
PAC Club Standards		Bronze	Bronze	Silver
AAA Grades			Grade 4	Grade 4

NAME: Hayley Bartlett
AGE: U13G

TRACK

DATE	MEETING	100m	200m	800m	1500m
19/04/2009	Eastern Young Athletes League, Braintree		35.6	03:07.3	
26/04/2009	East Anglian League, Peterborough		36.6		06:07.8
21/06/2009	East Anglian League, Kings Lynn	15.9			06:00.8
28/06/2009	Eastern Young Athletes League, Peterborough				06:14.4
12/07/2009	Eastern Young Athletes League, Bedford			03:08.0	
19/07/2009	East Anglian League, Cambridge				06:07.2
02/08/2009	East Anglian League, Braintree				05:47.9
16/08/2009	Eastern Young Athletes League, Thurrock				05:57.0
31/08/2009	Peterborough City Games				06:04.5
13/09/2009	Eastern Young Athletes League, Plate Final, Cambridge				05:58.5
20/09/2009	East Anglian League Final, Bury St Edmunds				05:53.2

Seasons Best	15.9	35.6	03:07.3	05:47.9
PAC Club Standards	Bronze		Bronze	Gold
AAA Grades				Grade 4

FIELD

DATE	MEETING	H/J	Discus	Shot
26/04/2009	East Anglian League, Peterborough	1.00		
21/06/2009	East Anglian League, Kings Lynn	1.15		
28/06/2009	Eastern Young Athletes League, Peterborough		11.32	
12/07/2009	Eastern Young Athletes League, Bedford	1.05	13.20	
19/07/2009	East Anglian League, Cambridge	1.00		3.36
02/08/2009	East Anglian League, Braintree	1.00	13.25	
16/08/2009	Eastern Young Athletes League, Thurrock	1.10	10.30	
31/08/2009	Peterborough City Games		12.98	
13/09/2009	Eastern Young Athletes League, Plate Final, Cambridge	1.05		

Seasons Best	1.15	13.25	3.36
PAC Club Standards	Silver	Bronze	
AAA Grades		Grade 4	

NAME: Charlotte Batty

AGE: U13G

TRACK

DATE	MEETING	70mH	800m
02/08/2009	East Anglian League, Braintree	13.40	02:50.0
16/08/2009	Eastern Young Athletes League, Thurrock	13.90	
20/09/2009	East Anglian League Final, Bury St Edmunds	14.20	

Seasons Best	13.40	02:50.0
PAC Club Standards	Gold	Gold
AAA Grades	Grade 4	Grade 4

FIELD

DATE	MEETING	H/J
02/08/2009	East Anglian League, Braintree	1.20
16/08/2009	Eastern Young Athletes League, Thurrock	1.20
13/09/2009	Eastern Young Athletes League, Plate Final, Cambridge	1.20
20/09/2009	East Anglian League Final, Bury St Edmunds	1.20

Seasons Best	1.20
PAC Club Standards	Silver
AAA Grades	Grade 4

NAME: Kirstie Davis
AGE: U13G

TRACK

DATE	MEETING	100m	200m	800m
26/04/2009	East Anglian League, Peterborough	16.8		03:03.8
07/06/2009	Eastern Young Athletes League, Braintree			03:00.5
21/06/2009	East Anglian League, Kings Lynn		34.1	03:00.3
28/06/2009	Eastern Young Athletes League, Peterborough		33.5	03:03.1
19/07/2009	East Anglian League, Cambridge		33.5	03:02.8
16/08/2009	Eastern Young Athletes League, Thurrock			02:57.2
31/08/2009	Peterborough City Games			02:59.7
13/09/2009	Eastern Young Athletes League, Plate Final, Cambridge			03:02.1
20/09/2009	East Anglian League Final, Bury St Edmunds			03:02.0

Seasons Best	16.8	33.5	02:57.2
PAC Club Standards		Bronze	Silver
AAA Grades			

FIELD

DATE	MEETING	Shot	L/J	Discus
26/04/2009	East Anglian League, Peterborough	3.80		
07/06/2009	Eastern Young Athletes League, Braintree		3.51	11.41
21/06/2009	East Anglian League, Kings Lynn		3.21	
28/06/2009	Eastern Young Athletes League, Peterborough		2.74	
19/07/2009	East Anglian League, Cambridge	3.71		
31/08/2009	Peterborough City Games		3.45	

Seasons Best	3.80	3.51	11.41
PAC Club Standards		Silver	
AAA Grades			

NAME: Ella De Lucis

AGE: U13G

TRACK

DATE	MEETING	100m	70mH
05/04/2009	Spring Open Meeting, Peterborough	14.50	12.80
19/04/2009	Eastern Young Athletes League, Braintree	14.60	13.00
26/04/2009	East Anglian League, Peterborough	15.10	13.00
09/05/2009	Cambs County Championships, Cambridge	14.70	12.65
07/06/2009	Eastern Young Athletes League, Braintree	14.80	12.70
21/06/2009	East Anglian League, Kings Lynn	14.40	12.50
28/06/2009	Eastern Young Athletes League, Peterborough	14.10	12.40
05/07/2009	Eastern AAA Championships, Cambridge		12.37
12/07/2009	Eastern Young Athletes League, Bedford	14.00	12.10
19/07/2009	East Anglian League, Cambridge	13.90	12.40
22/07/2009	Development Meeting, St Ives	14.10	13.00
02/08/2009	East Anglian League, Braintree	14.80	12.60
31/08/2009	Peterborough City Games	14.53	12.36
13/09/2009	Eastern Young Athletes League, Plate Final, Cambridge	14.82	12.40

Seasons Best	13.90	12.10
PAC Club Standards	Gold	Gold
AAA Grades	Grade 2	Grade 2

FIELD

DATE	MEETING	L/J	Shot
19/04/2009	Eastern Young Athletes League, Braintree	3.76	
26/04/2009	East Anglian League, Peterborough	3.60	
19/07/2009	East Anglian League, Cambridge		4.81
02/08/2009	East Anglian League, Braintree		5.69
31/08/2009	Peterborough City Games		5.56

Seasons Best	3.76	5.69
PAC Club Standards	Silver	
AAA Grades	Grade 4	Grade 4

NAME: Katherine Dudley
AGE: U13G

TRACK

DATE	MEETING	100m	70mH
07/06/2009	Eastern Young Athletes League, Braintree	15.40	
21/06/2009	East Anglian League, Kings Lynn	14.70	
28/06/2009	Eastern Young Athletes League, Peterborough	15.20	
12/07/2009	Eastern Young Athletes League, Bedford	15.20	
02/08/2009	East Anglian League, Braintree		13.90
16/08/2009	Eastern Young Athletes League, Thurrock		13.10
31/08/2009	Peterborough City Games	15.55	13.52

Seasons Best	14.70	13.10
PAC Club Standards	Silver	Gold
AAA Grades	Grade 4	Grade 3

FIELD

DATE	MEETING	Shot	H/J	Discus
07/06/2009	Eastern Young Athletes League, Braintree	5.82	1.15	
21/06/2009	East Anglian League, Kings Lynn	6.07	1.10	
28/06/2009	Eastern Young Athletes League, Peterborough	6.25	1.10	
12/07/2009	Eastern Young Athletes League, Bedford	5.87	1.05	
02/08/2009	East Anglian League, Braintree	5.98		11.19
16/08/2009	Eastern Young Athletes League, Thurrock	5.98		
31/08/2009	Peterborough City Games	6.34		
13/09/2009	Eastern Young Athletes League, Plate Final, Cambridge	6.30		
20/09/2009	East Anglian League Final, Bury St Edmunds	6.09	1.25	

Seasons Best	6.34	1.25	11.19
PAC Club Standards	Silver	Gold	
AAA Grades	Grade 4	Grade 3	

NAME: Emily Fisher
AGE: U13G

TRACK

DATE	MEETING	800m	1500m
26/04/2009	East Anglian League, Peterborough	03:08.3	
09/05/2009	Cambs County Championships, Cambridge		06:22.7
07/06/2009	Eastern Young Athletes League, Braintree		06:00.3
21/06/2009	East Anglian League, Kings Lynn		06:13.1
28/06/2009	Eastern Young Athletes League, Peterborough		06:17.6

Seasons Best	03:08.3	06:00.3
PAC Club Standards	Bronze	Gold
AAA Grades		

FIELD

DATE	MEETING	Discus	Javelin	L/J	Shot
26/04/2009	East Anglian League, Peterborough	12.11	9.35		
09/05/2009	Cambs County Championships, Cambridge	12.23			
07/06/2009	Eastern Young Athletes League, Braintree	11.91		2.76	
21/06/2009	East Anglian League, Kings Lynn				3.64
28/06/2009	Eastern Young Athletes League, Peterborough	12.71			3.73

Seasons Best	12.71	9.35	2.76	3.73
PAC Club Standards				
AAA Grades				

NAME: Felicity Ford

AGE: U13G

TRACK

DATE	MEETING	100m	200m
05/04/2009	Spring Open Meeting, Peterborough	16.10	
19/04/2009	Eastern Young Athletes League, Braintree	15.90	
26/04/2009	East Anglian League, Peterborough		33.5
07/06/2009	Eastern Young Athletes League, Braintree	16.00	
28/06/2009	Eastern Young Athletes League, Peterborough	15.90	
31/08/2009	Peterborough City Games	16.29	

Seasons Best	15.90	33.5
PAC Club Standards	Bronze	Bronze
AAA Grades		

FIELD

DATE	MEETING	L/J	Shot	Javelin	Discus
05/04/2009	Spring Open Meeting, Peterborough	3.20			
19/04/2009	Eastern Young Athletes League, Braintree	3.02	4.52		
26/04/2009	East Anglian League, Peterborough		4.17	8.90	
07/06/2009	Eastern Young Athletes League, Braintree	3.22	4.22		
21/06/2009	East Anglian League, Kings Lynn		4.14		
28/06/2009	Eastern Young Athletes League, Peterborough		4.72		9.12
19/07/2009	East Anglian League, Cambridge		4.59	12.54	
16/08/2009	Eastern Young Athletes League, Thurrock		4.79		
31/08/2009	Peterborough City Games			13.17	
13/09/2009	Eastern Young Athletes League, Plate Final, Cambridge		4.81		
20/09/2009	East Anglian League Final, Bury St Edmunds		5.58	13.34	

Seasons Best	3.22	5.58	13.34	9.12
PAC Club Standards	Bronze		Bronze	
AAA Grades			Grade 4	

NAME: Megan Haines Eynon

AGE: U13G

TRACK

DATE	MEETING	1500m
05/04/2009	Spring Open Meeting, Peterborough	06:04.8
19/04/2009	Eastern Young Athletes League, Braintree	06:25.8
07/06/2009	Eastern Young Athletes League, Braintree	06:04.0

Seasons Best	06:04.0
PAC Club Standards	Gold
AAA Grades	

NAME: Maggie Hampton

AGE: U13G

TRACK

DATE	MEETING	100m	200m
05/04/2009	Spring Open Meeting, Peterborough	16.4	
19/04/2009	Eastern Young Athletes League, Braintree	16.0	34.6

Seasons Best	16.0	34.6
PAC Club Standards	Bronze	Bronze
AAA Grades		

NAME: Alice Hauck

AGE: U13G

TRACK

DATE	MEETING	150m
05/04/2009	Spring Open Meeting, Peterborough	26.4

Seasons Best	26.4
PAC Club Standards	Bronze
AAA Grades	

NAME: Charlotte Hilton

AGE: U13G

TRACK

DATE	MEETING	100m	200m
05/04/2009	Spring Open Meeting, Peterborough	16.1	
28/06/2009	Eastern Young Athletes League, Peterborough	15.7	
12/07/2009	Eastern Young Athletes League, Bedford	15.5	
19/07/2009	East Anglian League, Cambridge	16.0	34.0

Seasons Best	15.5	34.0
PAC Club Standards	Bronze	Bronze
AAA Grades		

FIELD

DATE	MEETING	L/J	Shot
05/04/2009	Spring Open Meeting, Peterborough	2.87	
28/06/2009	Eastern Young Athletes League, Peterborough	3.19	
12/07/2009	Eastern Young Athletes League, Bedford	3.26	4.42
19/07/2009	East Anglian League, Cambridge		3.91

Seasons Best	3.26	4.42
PAC Club Standards	Bronze	
AAA Grades		

NAME: Katie Hutchinson

AGE: U13G

TRACK

DATE	MEETING	800m	1500m
05/04/2009	Spring Open Meeting, Peterborough	02:53.7	
19/04/2009	Eastern Young Athletes League, Braintree		05:58.5
26/04/2009	East Anglian League, Peterborough		05:39.4
09/05/2009	Cambs County Championships, Cambridge		05:47.6
07/06/2009	Eastern Young Athletes League, Braintree		05:45.1
21/06/2009	East Anglian League, Kings Lynn		05:40.8
28/06/2009	Eastern Young Athletes League, Peterborough		05:51.4
05/07/2009	Eastern AAA Championships, Cambridge	02:45.5	
12/07/2009	Eastern Young Athletes League, Bedford		05:44.8
19/07/2009	East Anglian League, Cambridge		05:50.6
02/08/2009	East Anglian League, Braintree		05:42.1
16/08/2009	Eastern Young Athletes League, Thurrock		05:45.0
13/09/2009	Eastern Young Athletes League, Plate Final, Cambridge		05:38.3
20/09/2009	East Anglian League Final, Bury St Edmunds		05:37.0

Seasons Best	02:45.5	05:37.0
PAC Club Standards	Gold	Gold
AAA Grades	Grade 4	Grade 4

FIELD

DATE	MEETING	Discus	Shot
19/04/2009	Eastern Young Athletes League, Braintree	10.27	
26/04/2009	East Anglian League, Peterborough		4.45
07/06/2009	Eastern Young Athletes League, Braintree		4.45

Seasons Best	10.27	4.45
PAC Club Standards		
AAA Grades		

NAME: Emma Jack
AGE: U13G

TRACK

DATE	MEETING	100m
31/08/2009	Peterborough City Games	16.24

Seasons Best	16.24
PAC Club Standards	
AAA Grades	

NAME: Ebony Ogle
AGE: U13G

TRACK

DATE	MEETING	100m	200m
05/04/2009	Spring Open Meeting, Peterborough	15.50	
19/04/2009	Eastern Young Athletes League, Braintree	15.00	
26/04/2009	East Anglian League, Peterborough	14.60	30.80
07/06/2009	Eastern Young Athletes League, Braintree	14.70	30.30
21/06/2009	East Anglian League, Kings Lynn	13.90	29.10
28/06/2009	Eastern Young Athletes League, Peterborough	14.10	29.80
05/07/2009	Eastern AAA Championships, Cambridge	13.72	29.63
12/07/2009	Eastern Young Athletes League, Bedford	13.90	30.30
19/07/2009	East Anglian League, Cambridge	14.30	29.80
22/07/2009	Development Meeting, St Ives	13.90	
02/08/2009	East Anglian League, Braintree	14.90	30.20
16/08/2009	Eastern Young Athletes League, Thurrock	14.30	30.40
31/08/2009	Peterborough City Games	14.45	29.96
13/09/2009	Eastern Young Athletes League, Plate Final, Cambridge	14.11	29.49
20/09/2009	East Anglian League Final, Bury St Edmunds	14.30	29.10

Seasons Best	13.72	29.10
PAC Club Standards	Gold	Gold
AAA Grades	Grade 2	Grade 2

FIELD

DATE	MEETING	L/J	H/J
05/04/2009	Spring Open Meeting, Peterborough	2.81	
19/04/2009	Eastern Young Athletes League, Braintree	3.25	1.15
26/04/2009	East Anglian League, Peterborough		1.00
07/06/2009	Eastern Young Athletes League, Braintree		1.10
12/07/2009	Eastern Young Athletes League, Bedford	3.96	
19/07/2009	East Anglian League, Cambridge	3.75	
02/08/2009	East Anglian League, Braintree	3.69	
16/08/2009	Eastern Young Athletes League, Thurrock	3.82	

Seasons Best	3.96	1.15
PAC Club Standards	Gold	Silver
AAA Grades	Grade 3	

NAME: Sarah Reeves
AGE: U13G

TRACK

DATE	MEETING	100m	200m
07/06/2009	Eastern Young Athletes League, Braintree	16.50	36.90
28/06/2009	Eastern Young Athletes League, Peterborough		34.10
31/08/2009	Peterborough City Games	16.48	35.32

Seasons Best	16.48	34.10
PAC Club Standards		Bronze
AAA Grades		

NAME: Lois Smart
AGE: U13G

TRACK

DATE	MEETING	100m	200m
26/04/2009	East Anglian League, Peterborough	16.9	
28/06/2009	Eastern Young Athletes League, Peterborough		34.0

Seasons Best	16.9	34.0
PAC Club Standards		Bronze
AAA Grades		

FIELD

DATE	MEETING	Shot
28/06/2009	Eastern Young Athletes League, Peterborough	4.51

Seasons Best	4.51
PAC Club Standards	
AAA Grades	

NAME: Melissa Tyson

AGE: U13G

TRACK

DATE	MEETING	100m	150m	200m
05/04/2009	Spring Open Meeting, Peterborough	15.60	23.6	
19/04/2009	Eastern Young Athletes League, Braintree	15.20		32.40
26/04/2009	East Anglian League, Peterborough	15.20		
07/06/2009	Eastern Young Athletes League, Braintree	15.30		31.80
21/06/2009	East Anglian League, Kings Lynn	14.60		31.30
28/06/2009	Eastern Young Athletes League, Peterborough	14.90		31.10
12/07/2009	Eastern Young Athletes League, Bedford	14.80		32.00
19/07/2009	East Anglian League, Cambridge	15.30		32.30
22/07/2009	Development Meeting, St Ives			31.80
02/08/2009	East Anglian League, Braintree	15.10		31.80
16/08/2009	Eastern Young Athletes League, Thurrock	15.30		31.60
31/08/2009	Peterborough City Games	15.14		32.54
20/09/2009	East Anglian League Final, Bury St Edmunds	15.30		

Seasons Best	14.60	23.6	31.10
PAC Club Standards	Gold	Gold	Gold
AAA Grades	Grade 4		Grade 4

FIELD

DATE	MEETING	L/J
05/04/2009	Spring Open Meeting, Peterborough	3.45
19/04/2009	Eastern Young Athletes League, Braintree	3.39
26/04/2009	East Anglian League, Peterborough	3.66
07/06/2009	Eastern Young Athletes League, Braintree	3.64
21/06/2009	East Anglian League, Kings Lynn	3.69
28/06/2009	Eastern Young Athletes League, Peterborough	3.58
12/07/2009	Eastern Young Athletes League, Bedford	3.50
19/07/2009	East Anglian League, Cambridge	3.61
22/07/2009	Development Meeting, St Ives	3.59
02/08/2009	East Anglian League, Braintree	3.97
16/08/2009	Eastern Young Athletes League, Thurrock	3.63
31/08/2009	Peterborough City Games	3.75
13/09/2009	Eastern Young Athletes League, Plate Final, Cambridge	3.83
20/09/2009	East Anglian League Final, Bury St Edmunds	3.47

Seasons Best	3.97
PAC Club Standards	Gold
AAA Grades	Grade 3