

| | 1 | 2 | 3 |
|------------|----------|----------|----------|
| 100mH | 14 | 14.7 | 15.4 |
| 400mH | 61.0 | 64.9 | 67.9 |
| 100m | 11.9 | 12.3 | 12.7 |
| 200m | 24.3 | 25.1 | 25.8 |
| 400m | 56.1 | 58.3 | 60.0 |
| 800m | 02:09.5 | 02:15.0 | 02:19.0 |
| 1500m | 04:24.0 | 04:36.0 | 04:45.0 |
| 3000m | 09:40.0 | 10:12.0 | 10:44.0 |
| 5000m | 15:46.0 | 16:23.0 | 17:10.0 |
| 10000m | 31:50.0 | 33:45.0 | 34:10.0 |
| HJ | 1.72 | 1.65 | 1.60 |
| LJ | 5.65 | 5.25 | 5.00 |
| Triple J | 11.95 | 11.00 | 10.45 |
| PV | 3.90 | 3.45 | 3.05 |
| Javelin | 39.30 | 34.50 | 31.20 |
| Discus | 40.00 | 33.70 | 28.75 |
| Hammer | 50.00 | 41.50 | 35.85 |
| Shot | 11.95 | 10.40 | 9.30 |
| 60m | 7.70 | 8.00 | 8.20 |
| 60mH | 8.40 | 8.70 | 9.00 |
| Heptathlon | 5700 | 5000 | 4400 |
| Pentathlon | 3900 | 3700 | 3400 |

NAME: Melanie Bown

AGE: VET W 35

TRACK

| DATE | MEETING | 200m | 400m |
|-------------|---------------------------------------|-------------|-------------|
| 25/07/2009 | Southern Womens League, Milton Keynes | 27.50 | 62.00 |
| 02/08/2009 | East Anglian League, Braintree | 28.20 | 62.20 |
| 23/08/2009 | Beemax Trophy, Ipswich | | 61.30 |
| 31/08/2009 | Peterborough City Games | | 61.52 |
| 05/09/2009 | Southern Womens League, Harrow | | 61.30 |

| | | |
|---------------------|--------------|--------------|
| Seasons Best | 27.50 | 61.30 |
| AAA Grades | | |

NAME: Sarah Caskey
AGE: SEN W

TRACK

| DATE | MEETING | 1500m | 3000m |
|-------------|---------------------------------------|--------------|--------------|
| 30/05/2009 | Southern Womens League, Havering | 05:11.9 | 11:16.4 |
| 19/07/2009 | East Anglian League, Cambridge | 05:14.8 | |
| 25/07/2009 | Southern Womens League, Milton Keynes | 05:23.9 | 11:06.6 |

| | | |
|---------------------|----------------|----------------|
| Seasons Best | 05:11.9 | 11:06.6 |
| AAA Grades | | |

NAME: Emily Craven

AGE: SEN W

TRACK

| DATE | MEETING | 100m | 100mH | 200m | 800m |
|------------|--|-------|-------|-------|---------|
| 05/04/2009 | Spring Open Meeting, Peterborough | 14.20 | 17.70 | 28.70 | |
| 27/06/2009 | Southern Women's League, Luton | | | | 02:56.7 |
| 05/07/2009 | Eastern AAA Championships, Cambridge | 14.39 | 19.20 | | |
| 19/07/2009 | East Anglian League, Cambridge | | 17.40 | | |
| 02/08/2009 | East Anglian League, Braintree | | 19.50 | | |
| 31/08/2009 | Peterborough City Games | 14.46 | 18.30 | | |
| 20/09/2009 | East Anglian League Final, Bury St Edmunds | | 19.20 | | |

| | | | | |
|---------------------|--------------|--------------|--------------|----------------|
| Seasons Best | 14.20 | 17.40 | 28.70 | 02:56.7 |
| AAA Grades | | | | |

FIELD

| DATE | MEETING | H/J | T/J |
|------------|--|------|------|
| 27/06/2009 | Southern Women's League, Luton | 1.25 | |
| 19/07/2009 | East Anglian League, Cambridge | 1.20 | |
| 20/09/2009 | East Anglian League Final, Bury St Edmunds | | 8.24 |

| | | |
|---------------------|-------------|-------------|
| Seasons Best | 1.25 | 8.24 |
| AAA Grades | #N/A | #N/A |

NAME: Annie Chan
AGE: SEN W
TRACK

| DATE | MEETING | 100m |
|------------|---------------------------------|------|
| 21/06/2009 | East Anglian League, Kings Lynn | 13.7 |
| 27/06/2009 | Southern Women's League, Luton | 13.8 |

| | |
|---------------------|-------------|
| Seasons Best | 13.7 |
| AAA Grades | |

FIELD

| DATE | MEETING | Javelin | Shot |
|------------|-----------------------------------|---------|------|
| 26/04/2009 | East Anglian League, Peterborough | 21.48 | 7.51 |
| 21/06/2009 | East Anglian League, Kings Lynn | 21.99 | 6.86 |
| 27/06/2009 | Southern Women's League, Luton | 18.15 | 7.43 |

| | | |
|---------------------|--------------|-------------|
| Seasons Best | 21.99 | 7.51 |
| AAA Grades | | |

NAME: Lucy Davies
AGE: SEN W

TRACK

| DATE | MEETING | 800m | 1500m |
|-------------|--------------------------------------|-------------|--------------|
| 25/04/2009 | Southern Womens League, Peterborough | 02:42.2 | 05:45.8 |

| | | |
|---------------------|----------------|----------------|
| Seasons Best | 02:42.2 | 05:45.8 |
| AAA Grades | | |

NAME: Andrea Dean

AGE: SEN W

FIELD

| DATE | MEETING | Discus | Javelin |
|-------------|--------------------------------------|---------------|----------------|
| 25/04/2009 | Southern Womens League, Peterborough | 23.56 | 25.86 |

| | | |
|---------------------|--------------|--------------|
| Seasons Best | 23.56 | 25.86 |
| AAA Grades | | |

NAME: Sam Eve

AGE: SEN W

TRACK

| DATE | MEETING | 400mH | 100m | 200m | 400m |
|-------------|--------------------------------------|--------------|-------------|-------------|-------------|
| 05/04/2009 | Spring Open Meeting, Peterborough | | 14.5 | 29.8 | |
| 25/04/2009 | Southern Womens League, Peterborough | 76.2 | | 28.6 | |
| 26/04/2009 | East Anglian League, Peterborough | | | | 67.9 |
| 21/06/2009 | East Anglian League, Kings Lynn | | | 31.7 | |

| | | | | |
|---------------------|-------------|-------------|-------------|-------------|
| Seasons Best | 76.2 | 14.5 | 28.6 | 67.9 |
| AAA Grades | | | | |

NAME: Kay Gibson

AGE: SEN W

FIELD

| DATE | MEETING | Hammer | Discus |
|-------------|---------------------------------------|---------------|---------------|
| 25/04/2009 | Southern Womens League, Peterborough | 18.06 | |
| 26/04/2009 | East Anglian League, Peterborough | | 15.45 |
| 30/05/2009 | Southern Womens League, Havering | 18.22 | |
| 21/06/2009 | East Anglian League, Kings Lynn | | 16.24 |
| 27/06/2009 | Southern Women's League, Luton | 17.40 | |
| 25/07/2009 | Southern Womens League, Milton Keynes | 18.05 | |
| 05/09/2009 | Southern Womens League, Harrow | 18.88 | 18.59 |

| | | |
|---------------------|--------------|--------------|
| Seasons Best | 18.88 | 18.59 |
| AAA Grades | | |

NAME: Nichola Gibson

AGE: SEN W

TRACK

| DATE | MEETING | 400m | 100mH | 100m | 200m | 800m |
|------------|---------------------------------------|-------|-------|-------|-------|---------|
| 05/04/2009 | Spring Open Meeting, Peterborough | 66.80 | | | | |
| 25/04/2009 | Southern Womens League, Peterborough | 65.00 | 22.6 | | | |
| 26/04/2009 | East Anglian League, Peterborough | | | 14.30 | 28.70 | |
| 09/05/2009 | Cambs County Championships, Cambridge | 63.74 | | | 28.63 | |
| 30/05/2009 | Southern Womens League, Havering | 63.70 | | | | |
| 10/06/2009 | Development Meeting, St Ives | 64.89 | | | | |
| 20/06/2009 | SEAA Championships, Watford | 63.90 | | | | |
| 21/06/2009 | East Anglian League, Kings Lynn | 64.90 | | | 28.10 | 02:43.0 |
| 27/06/2009 | Southern Women's League, Luton | 64.80 | | | 28.80 | |
| 05/07/2009 | Eastern AAA Championships, Cambridge | 64.11 | | | | |
| 14/07/2009 | Open Meeting, Corby | 63.00 | | | 28.40 | |
| 19/07/2009 | East Anglian League, Cambridge | 64.80 | | 13.70 | 28.00 | |
| 25/07/2009 | Southern Womens League, Milton Keynes | 63.50 | | | 27.70 | |
| 29/07/2009 | Open Graded Meeting, Watford | 61.94 | | | | |
| 02/08/2009 | East Anglian League, Braintree | 63.80 | | | 27.80 | |
| 31/08/2009 | Peterborough City Games | 63.01 | | | 28.34 | |
| 05/09/2009 | Southern Womens League, Harrow | 62.00 | | | | |

| | | | | | |
|---------------------|--------------|-------------|--------------|--------------|----------------|
| Seasons Best | 61.94 | 22.6 | 13.70 | 27.70 | 02:43.0 |
| AAA Grades | | | | | |

FIELD

| DATE | MEETING | T/J | L/J |
|------------|-----------------------------------|------|------|
| 26/04/2009 | East Anglian League, Peterborough | 8.55 | |
| 21/06/2009 | East Anglian League, Kings Lynn | 8.71 | |
| 27/06/2009 | Southern Women's League, Luton | | 4.42 |
| 19/07/2009 | East Anglian League, Cambridge | 8.41 | |

| | | |
|---------------------|-------------|-------------|
| Seasons Best | 8.71 | 4.42 |
| AAA Grades | #N/A | #N/A |

NAME: Stacey McGivern

AGE: SEN W

TRACK

| DATE | MEETING | 400m | 100mH |
|------------|--|-------|-------|
| 10/06/2009 | Development Meeting, St Ives | 63.40 | |
| 27/06/2009 | Southern Women's League, Luton | | 19.10 |
| 23/08/2009 | Beemax Trophy, Ipswich | 63.02 | |
| 31/08/2009 | Peterborough City Games | 61.65 | |
| 20/09/2009 | East Anglian League Final, Bury St Edmunds | 62.10 | |

| | | |
|---------------------|--------------|--------------|
| Seasons Best | 61.65 | 19.10 |
| AAA Grades | | |

FIELD

| DATE | MEETING | H/J | L/J | T/J |
|------------|--|------|------|-------|
| 25/04/2009 | Southern Womens League, Peterborough | 1.50 | 5.20 | |
| 09/05/2009 | Cambs County Championships, Cambridge | | 5.13 | |
| 30/05/2009 | Southern Womens League, Havering | 1.50 | 5.06 | 10.89 |
| 21/06/2009 | East Anglian League, Kings Lynn | 1.55 | 5.04 | |
| 27/06/2009 | Southern Women's League, Luton | 1.55 | | 10.99 |
| 05/07/2009 | Eastern AAA Championships, Cambridge | | 4.88 | |
| 22/07/2009 | Development Meeting, St Ives | | 4.75 | |
| 25/07/2009 | Southern Womens League, Milton Keynes | 1.45 | | 10.71 |
| 02/08/2009 | East Anglian League, Braintree | 1.55 | 5.03 | 10.76 |
| 23/08/2009 | Beemax Trophy, Ipswich | | 4.96 | 10.75 |
| 31/08/2009 | Peterborough City Games | 1.60 | 5.14 | |
| 05/09/2009 | Southern Womens League, Harrow | 1.45 | 5.06 | 10.59 |
| 20/09/2009 | East Anglian League Final, Bury St Edmunds | 1.55 | 4.98 | |

| | | | |
|---------------------|----------------|----------------|----------------|
| Seasons Best | 1.60 | 5.20 | 10.99 |
| AAA Grades | Grade 3 | Grade 3 | Grade 3 |

NAME: Rachel Stone

AGE: SEN W

TRACK

| DATE | MEETING | 800m | 1500m | 3000m |
|-------------|---------------------------------------|-------------|--------------|--------------|
| 25/04/2009 | Southern Womens League, Peterborough | | 04:56.8 | 10:25.5 |
| 09/05/2009 | Cambs County Championships, Cambridge | | 04:48.9 | |
| 30/05/2009 | Southern Womens League, Havering | 02:24.9 | | 10:39.4 |
| 25/07/2009 | Southern Womens League, Milton Keynes | 02:20.0 | 04:47.0 | |

| | | | |
|---------------------|----------------|----------------|----------------|
| Seasons Best | 02:20.0 | 04:47.0 | 10:25.5 |
| AAA Grades | | | Grade 3 |

NAME: Chloe Weaver

AGE: SEN W

TRACK

| DATE | MEETING | 100m | 200m |
|------------|-----------------------------------|------|------|
| 26/04/2009 | East Anglian League, Peterborough | 14.2 | 30.9 |
| 30/05/2009 | Southern Womens League, Havering | | |

| | | |
|---------------------|-------------|-------------|
| Seasons Best | 14.2 | 30.9 |
| AAA Grades | | |

FIELD

| DATE | MEETING | Shot | Javelin |
|------------|-----------------------------------|------|---------|
| 26/04/2009 | East Anglian League, Peterborough | 6.08 | 10.59 |

| | | |
|---------------------|-------------|--------------|
| Seasons Best | 6.08 | 10.59 |
| AAA Grades | | |

NAME: Jess Weaver

AGE:

TRACK

| DATE | MEETING | 100m | 200m | 800m |
|-------------|----------------------------------|-------------|-------------|-------------|
| 30/05/2009 | Southern Womens League, Havering | 14.5 | 29.7 | 3:21.3 |

| | | | |
|---------------------|-------------|-------------|----------------|
| Seasons Best | 14.5 | 29.7 | 03:21.3 |
| AAA Grades | | | |

NAME: Fiona Wright
AGE: SEN W
TRACK

| DATE | MEETING | 100mH |
|-------------|--------------------------------------|--------------|
| 25/04/2009 | Southern Womens League, Peterborough | 19.2 |

| | |
|---------------------|-------------|
| Seasons Best | 19.2 |
| AAA Grades | |

FIELD

| DATE | MEETING | Javelin | Shot |
|-------------|--------------------------------------|----------------|-------------|
| 25/04/2009 | Southern Womens League, Peterborough | 25.66 | 9.15 |

| | | |
|---------------------|--------------|-------------|
| Seasons Best | 25.66 | 9.15 |
| AAA Grades | | |

NAME: Melanie Bown (Vet)
AGE: VET W 35

TRACK

| DATE | MEETING | 200m |
|-------------|----------------------------------|-------------|
| 03/06/2009 | Eastern Vet's League, Kings Lynn | 27.8 |
| 05/08/2009 | Eastern Vet's League, Kings Lynn | 27.8 |

| | |
|---------------------|-------------|
| Seasons Best | 27.8 |
| AAA Grades | |

NAME: Wendy Dunn (Vet)
AGE: VET W 45

TRACK

| DATE | MEETING | 100m | 200m | 400m | 800m |
|------------|----------------------------------|------|------|------|---------|
| 03/06/2009 | Eastern Vet's League, Kings Lynn | | 30.6 | | 03:12.4 |
| 01/07/2009 | Eastern Vet's League, Huntingdon | 14.9 | | 74.2 | |

| | | | | |
|---------------------|-------------|-------------|-------------|----------------|
| Seasons Best | 14.9 | 30.6 | 74.2 | 03:12.4 |
| AAA Grades | | | | |

FIELD

| DATE | MEETING | Shot |
|------------|----------------------------------|------|
| 01/07/2009 | Eastern Vet's League, Huntingdon | 6.52 |

| | |
|---------------------|-------------|
| Seasons Best | 6.52 |
| AAA Grades | |

NAME: Carol Filer (Vet)
AGE: VET W 45

TRACK

| DATE | MEETING | 100m | 200m | 800m | 400mH | 80mH | 3000m | 1m walk |
|------------|------------------------------------|------|------|---------|-------|------|---------|---------|
| 06/05/2009 | Eastern Vet's League, Peterborough | 15.5 | | | | 17.4 | | |
| 03/06/2009 | Eastern Vet's League, Kings Lynn | | | | 82.2 | | 16:33.3 | |
| 05/08/2009 | Eastern Vet's League, Kings Lynn | | 30.9 | 03:52.3 | 81.5 | | | 13:11.9 |

| | | | | | | | |
|---------------------|-------------|-------------|----------------|-------------|-------------|----------------|----------------|
| Seasons Best | 15.5 | 30.9 | 03:52.3 | 81.5 | 17.4 | 16:33.3 | 13:11.9 |
| AAA Grades | | | | | | | |

FIELD

| DATE | MEETING | H/J | L/J | Shot | Hammer | T/J | Javelin | Discus |
|------------|------------------------------------|------|------|------|--------|------|---------|--------|
| 06/05/2009 | Eastern Vet's League, Peterborough | 1.30 | 4.60 | 6.39 | 19.62 | | | |
| 03/06/2009 | Eastern Vet's League, Kings Lynn | | | | | 8.39 | 12.64 | 15.60 |
| 05/08/2009 | Eastern Vet's League, Kings Lynn | | | | | 7.99 | | 16.84 |

| | | | | | | | |
|---------------------|-------------|-------------|-------------|--------------|-------------|--------------|--------------|
| Seasons Best | 1.30 | 4.60 | 6.39 | 19.62 | 8.39 | 12.64 | 16.84 |
| AAA Grades | #N/A | #N/A | | | #N/A | | |

NAME: Sally George (Vet)
AGE: VET W 35

TRACK

| DATE | MEETING | 400m | 800m | 3000m |
|------------|----------------------------------|------|---------|---------|
| 01/07/2009 | Eastern Vet's League, Huntingdon | 74.9 | | |
| 05/08/2009 | Eastern Vet's League, Kings Lynn | | 02:55.4 | 12:37.2 |

| | | | |
|---------------------|-------------|----------------|----------------|
| Seasons Best | 74.9 | 02:55.4 | 12:37.2 |
| AAA Grades | | | |

FIELD

| DATE | MEETING | H/J | L/J | Shot | Hammer | T/J |
|------------|------------------------------------|------|------|------|--------|------|
| 06/05/2009 | Eastern Vet's League, Peterborough | 1.20 | 3.64 | | | |
| 01/07/2009 | Eastern Vet's League, Huntingdon | 1.15 | 3.31 | 5.19 | 10.82 | |
| 05/08/2009 | Eastern Vet's League, Kings Lynn | | | | | 6.64 |

| | | | | | |
|---------------------|-------------|-------------|-------------|--------------|-------------|
| Seasons Best | 1.20 | 3.64 | 5.19 | 10.82 | 6.64 |
| AAA Grades | #N/A | #N/A | | | #N/A |

NAME: Kay Gibson (Vet)
AGE: VET W 35

FIELD

| DATE | MEETING | Shot | Hammer | Discus | Javelin |
|-------------|------------------------------------|-------------|---------------|---------------|----------------|
| 06/05/2009 | Eastern Vet's League, Peterborough | 5.88 | 22.49 | | |
| 03/06/2009 | Eastern Vet's League, Kings Lynn | | | 16.58 | 9.57 |
| 05/08/2009 | Eastern Vet's League, Kings Lynn | | | 18.01 | 10.29 |

| | | | | |
|---------------------|-------------|--------------|--------------|--------------|
| Seasons Best | 5.88 | 22.49 | 18.01 | 10.29 |
| AAA Grades | | | | |

NAME: Louise Richardson (Vet)
AGE: VET W 35

TRACK

| DATE | MEETING | 100m | 400m |
|-------------|------------------------------------|-------------|-------------|
| 06/05/2009 | Eastern Vet's League, Peterborough | 14.5 | 65.2 |

| | | |
|---------------------|-------------|-------------|
| Seasons Best | 14.5 | 65.2 |
| AAA Grades | | |

NAME: Audrey Sutton (Vet)
AGE: VET W 55

TRACK

| DATE | MEETING | 200m | 400m | 800m | 1500m | 1 Mile Walk | 2K Walk | 3000m |
|------------|------------------------------------|------|---------|---------|---------|-------------|---------|---------|
| 06/05/2009 | Eastern Vet's League, Peterborough | | | | 07:15.9 | | 12:32.0 | |
| 03/06/2009 | Eastern Vet's League, Kings Lynn | 41.3 | | | | 10:10.1 | | 16:33.2 |
| 01/07/2009 | Eastern Vet's League, Huntingdon | | 01:47.1 | | | | 13:05.0 | |
| 05/08/2009 | Eastern Vet's League, Kings Lynn | | | 03:51.8 | | 10:01.0 | | |

| | | | | | | | |
|---------------------|-------------|----------------|----------------|----------------|----------------|----------------|----------------|
| Seasons Best | 41.3 | 01:47.1 | 03:51.8 | 07:15.9 | 10:01.0 | 12:32.0 | 16:33.2 |
| AAA Grades | | | | | | | |

FIELD

| DATE | MEETING | L/J | Hammer | T/J | Discus | Javelin |
|------------|------------------------------------|------|--------|------|--------|---------|
| 06/05/2009 | Eastern Vet's League, Peterborough | 2.50 | | | | |
| 03/06/2009 | Eastern Vet's League, Kings Lynn | | | 5.46 | 10.93 | |
| 01/07/2009 | Eastern Vet's League, Huntingdon | 2.43 | 15.16 | | | |
| 05/08/2009 | Eastern Vet's League, Kings Lynn | | | | | 8.1 |

| | | | | | |
|---------------------|-------------|--------------|-------------|--------------|-------------|
| Seasons Best | 2.50 | 15.16 | 5.46 | 10.93 | 8.10 |
| AAA Grades | #N/A | | #N/A | | |

NAME: Jo Bradley-Woods (Vet)
AGE: VET W 35

TRACK

| DATE | MEETING | 100m | 1500m | 3000m |
|-------------|------------------------------------|-------------|--------------|--------------|
| 06/05/2009 | Eastern Vet's League, Peterborough | | 06:22.3 | |
| 03/06/2009 | Eastern Vet's League, Kings Lynn | | | 13:42.7 |
| 01/07/2009 | Eastern Vet's League, Huntingdon | 17.4 | 06:31.0 | |

| | | | |
|---------------------|-------------|----------------|----------------|
| Seasons Best | 17.4 | 06:22.3 | 13:42.7 |
| AAA Grades | | | |

NAME: M. Waters (Vet)

AGE: VET W 55

TRACK

| DATE | MEETING | 100m |
|-------------|------------------------------------|-------------|
| 06/05/2009 | Eastern Vet's League, Peterborough | 18.2 |

| | |
|---------------------|-------------|
| Seasons Best | 18.2 |
| AAA Grades | |

FIELD

| DATE | MEETING | Shot |
|-------------|------------------------------------|-------------|
| 06/05/2009 | Eastern Vet's League, Peterborough | 4.64 |

| | |
|---------------------|-------------|
| Seasons Best | 4.64 |
| AAA Grades | |

NAME: M.Williams (Vet)

AGE: VET W 35

TRACK

| DATE | MEETING | 2K Walk |
|-------------|------------------------------------|----------------|
| 06/05/2009 | Eastern Vet's League, Peterborough | 14:04.1 |

| | |
|---------------------|----------------|
| Seasons Best | 14:04.1 |
| AAA Grades | #N/A |